



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Scrambled peppers	Apple pudding	Scrambled kale	Oatmeal and fruit	Bean migas
AM Snack	Rice pudding	Banana oatmeal	Yogurt and fruit	Sweet potato yogurt	Chocolate oats
Lunch	Lentil soup	Orange chicken over basmati rice	Spaghetti Bolognese	Chicken BBQ with cabbage slaw	Corn pasta
PM Snack	Pretzels and cheddar cheese	Baked banana granola	Zucchini muffin	Blueberry frozen yogurt	Veggies and hummus

* Vegetarian Options Available