



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Pumpkin muffin	Strawberry toast	Banana pudding	Fruit salad	Broccoli quiche
<b>AM Snack</b>	Very berry pizza	Waffles with apple chutney	Tuna hash browns patty	Blue berry oats	Egg and veggies wrap
<b>Lunch</b>	Chicken spinach quesadilla and fresh fruit	Green bean chicken casserole	24 hours sous vide pork ribs	Cilantro lime fish with rice	Veggie orzo with chicken
<b>PM Snack</b>	Arroz con leche	Corn bread muffin	Sweet potato hummus with pita bread	Chocolate pretzels	String cheese and fruit

\* Vegetarian Options Available