

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Banana blueberry	Yogurt and granola	Muffin		
<b>AM Snack</b>	Sausage and spinach	Scrambled eggs and peppers	Chocolate and banana oats		
<b>Lunch</b>	Thai yellow chicken curry	Chickpea salad sandwich	Turkey and green bean casserole		
<b>PM Snack</b>	Cereal bars	Apple pie	Avocado ranch and veggies sticks		

\* Vegetarian Options Available