

	Monday	Tuesday	Wednesday	Thursday	Friday
August 30	Cereal with milk	Bagel with fruit spread	Fruit smoothie	Hash brown and fruit	Scrambled eggs
	Cheesy potato casserole	French toast and berries	Biscuits and fresh fruits	Yogurt and fruit	Blueberry oatmeal
	Chicken tikka bowl with fruit cup	Chicken salad sandwich with baked zucchini chips	Bolognese sauce and pasta with fruit cup	Pineapple fried rice	Pita pizza and fresh fruit cup
	Vegetable spinach dip with crackers	Blueberry lemon muesli bar	Empanadas	Chicken skewers	Peach berry crisp
September 6	CLOSED for Labor Day	Strawberry cream of wheat	Cereal with milk	Scrambled eggs and fruit	Fruit smoothie and cheerios
		Strawberry oatmeal cup	Blueberry muffin with fresh fruit	Cinnamon toast with fruit	Chocolate chips scones with fresh fruit
		Fish sticks and fries with fruit cup	Chicken pita wrap with veggies and tzatziki	Corn dogs with veggie chips	Pasta primavera with steamed veggies
		Veggie sticks with ranch	Spring rolls and fruit	Cheesy garlic bread and fruit	Mini wonton with fresh fruit
September 13	Yogurt parfait	Cheese omelette	Fruit smoothie	English muffin and jam	Toast point with fruit jam
	Banana oatmeal	Home fries and fresh fruit	Scrambled eggs and chicken sausage	Waffles with berries	Croissants and fresh berries
	Fish tacos with steamed veggies and fresh fruit	Beef and cheese tacos with steamed veggies and fresh fruit	Chicken sliders with veggie chips and fruit	Grilled cheese with tomato soup and fresh fruit	Chicken and vegetable lomein with fruit cup
	Mini wonton with fresh fruit	Chips and queso with fresh fruit	Veggie spring rolls with fruit	Cheese toast with fresh fruit	Bread stick with marinara and fresh fruit
September 20	English muffin with jam	Yogurt parfait	Cereal with berries	Smoothie and animal crackers	Bagel with cream cheese
	Scrambled eggs with fresh fruit	Cheese grits with bacon bits and fresh fruit	Chocolate and banana pancakes	Raspberry lemon cream of wheat	Potato frittata with fruit cup
	Salmon burgers with veggies and fruit cup	Veggie alfredo pasta and fruit cup	Roasted chicken with steamed vegetables and fruit cup	Teriyaki chicken with broccoli and rice	Turkey, cheese wraps with veggie straws
	Mini cheese boards	Sweet potato fries with dipping sauce	Fruit skewers with yogurt dip	Cheese muffins with fruit	Popcorn with fruit