

	Monday	Tuesday	Wednesday	Thursday	Friday
January 3	Scrambled eggs with cheese	Fruit smoothie with animal crackers	Chocolate croissants with berries	Toast points with jam	Cereal with banana
	Strawberry shortcake pancakes	Apple cinnamon oatmeal	Strawberry and banana yogurt	Banana chocolate waffles	Scrambled eggs and bacon
	Bacon mac and cheese with broccoli and fruit cup	Hainanese chicken rice with sauté veggies and fruit cup	Spaghetti with meatballs, green beans and fruit cup	Chicken miso ramen with fruit cup	Grilled cheese and tomato soup with fruit cup
	Pizza rolls	Fruit skewers and yogurt dip	Cheese muffins with fresh fruit	Taquitos with guacamole	Popcorn
January 10	Rice cakes with Sunbutter and banana	Cinnamon rolls	English muffins with jam	Very berry smoothie	Hash brown cup
	Grits with bacon crumbles	Banana French toast	Bagels with cream cheese and berries	Potato frittata	House made biscuits with fresh berries
	Baked ziti with spinach and fruit cup	BBQ chicken with vegetable pasta salad	Fish sticks with sweet potato fries and fruit cup	Chicken burrito bowl	Cheese or pepperoni pizza
	Hummus with fresh veggies	Egg rolls and fruit	Mac and cheese bites	Vegetable spinach dip and crackers	Lemon bars and berries
January 17	Strawberry banana smoothie and animal crackers	Yogurt parfait	Pancake and sausage bites	Blueberry muffin	Apple sauce and graham crackers
	Chocolate chip pancakes with berries	Cheese toast and melon cubes	Scrambled egg with cheese and fresh berries	Raspberry lemon oatmeal	Strawberry waffles
	Chicken broccoli stir fry with jasmine rice and fruit cup	Loaded mashed potato bowl with roasted broccoli and fruit cup	Oven baked meatball slides with spinach and fruit cup	Tuna melt with sweet potato fries and fruit cup	Corn dogs with broccoli tots and fruit cup
	Parmesan zucchini fries	Banana oat muffins	Chips and house made salsa	Garlic bread sticks with marinara	Sugar cookies and fresh fruit
January 24	Cereal and milk	Bagel and cream cheese	Turkey sausage and fruit	Toast and jam	Fruit smoothie with animal crackers
	Egg and cheese breakfast cup	Bacon and cheese quiche with fresh fruit	Banana spiced cream of wheat	Oatmeal bar with fresh berries	French toast and fresh berries
	Skillet chicken and mushroom with mash potatoes, peas and fruit cup	Baked ziti with roasted cauliflower and fruit cup	Cilantro lime salmon with Spanish rice and sauteed veggies	Chicken and spinach pesto pasta	Turkey pepperoni Stromboli with fruit cup
	Mozzarella sticks and marinara sauce	Apple pie rolls	Mini cheese boards	Spring rolls and berries	House made soft pretzel and fruit

Vegetarian option available for all meals