

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| November 28 | Berries Smoothie | Raisin bread and fresh fruit | French toast with berries | Cereal with milk and fresh fruit | Cream of wheat and bananas |
| | Chicken sausage with hash brown and fresh fruit | Banana muffins | Turkey bacon quiche with fresh fruit | Pumpkin pancakes with fresh cream and berries | Apple butter and toast points with fresh fruit |
| | Veggie and bean chili with fruit cup | Chicken verde enchiladas and fresh fruit | Roasted beef with mashed potatoes, gravy and fresh fruit | Baked salmon with roasted winter veggies and fresh fruit | Corn flake crusted chicken with asparagus and fruit cup |
| | Mini turkey sliders sandwiches with fruit cup | Granola fruit bars | Jello with graham crackers and fresh fruit | Mini ham and cheese sandwich and fruit cup | Lemon bars with fresh fruit |
| December 5 | Banana oatmeal | Migas and fresh fruit | Avocado toast with berries | Blueberry muffins | Biscuit with honey and fresh fruit |
| | Blueberry waffles | Chicken sausage with hash browns and fresh fruit | Zucchini muffin and fruit cup | Chicken minis with fresh fruit | Bagels with fresh fruit cream cheese |
| | Veggie shepherds pie with fruit cup | Beef taco with pineapple salsa, rice and beans | Chicken and dumplings with fresh fruit | Pita pizza with fresh cup | Coconut chicken with mixed veggies over noodles and fresh fruit |
| | Brazilian cheese bread with fresh fruit | Chicken nuggets with fresh fruit | Spinach artichoke dip with pita and fresh fruit | Chicken salad with crackers fresh fruit | Cheese taquitos with fresh fruit |
| December 12 | Mini pancake with fresh fruit | Bacon and cheese croissants with fruit cup | Breakfast tacos with fresh fruit | Waffle with berries and cream | Mango sticky rice |
| | Cream of wheat with berries | French toast with fresh fruit | Cranberry muffins | Egg and cheese bake with fresh fruit | Ham and cheese croissants with fruit cup |
| | Grilled cheese with homemade tomato soup and fruit cup | Beef enchilada with beans and rice and fresh fruit | Pesto pasta salad with roasted veggies and fruit cup | Orange chicken with steam rice, mixed veggies and fresh fruit | Baked salmon with cous cous and fruit cup |
| | Crudite plate with berries | Oatmeal chocolate chip and fresh fruit | Diced turkey, cheese and crackers platter with berries | Veggie empanadas and fruit cup | Pigs in a blanket with honey mustard and fresh fruit |
| December 19 | Chicken sausage with scrambled eggs and berries | Cheerios with milk and bananas | Berries parfait | Avocado toast with fresh fruit | Ham steak With hash brown and fresh fruit |
| | Hash browns with veggies and fresh fruit | Blueberry muffins | Cheesy grit with turkey bacon and fruit cup | Chicken sausage with potato wedges and fruit cup | Egg, cheese English muffin with fresh fruit |
| | Macaroni and cheese with mixed veggies and fresh fruit | Chicken taco stew with rice and fruit cup | Salmon panini with chips and fresh fruit | Pork ribs with baked beans and fruit cup | Chicken tenders with sweet potato fries and fresh fruit |
| | Pumpkin muffins with fruit | Veggie spring rolls with fruit | Apple tarts | Oatmeal fruit bars | Bread pudding with fruit |

*Vegetarian option available for all meals