

	Monday	Tuesday	Wednesday	Thursday	Friday
February 27	Mini omelette	Fruit tarts	Fruit crepe	Cheese and berries muffin	Oatmeal
	Blueberries muffin	Veggie hash	Yogurt parfait	Turkey bacon quiche	Potato cakes
	Pita pizza	Taco with peach salsa, rice and bean	Lemon chicken with cous cous salad	Lentil and quinoa burgers with sweet potato fries	Beef or veggie enchilada
	Protein and cheese plate with yogurt	Granola fruit bars	Chips with salsa	Pita with spinach artichoke dip	Rice crispy bars
March 5	Yogurt parfait	Fruit-stuffed croissants	Strawberry pancakes	Toast points with strawberry jam	Rice cakes with apple butter
	Blueberry pancake	Veggie frittata with hash browns	Sweet grits	Chocolate waffles with berry cream	Cinnamon rolls
	Broccoli, squash stir fry over rice	Carnitas or veggie taco	Chicken tika masala with basmati rice	Turkey meatball with veggie pasta	Salmon cakes with roasted asparagus
	Hummus with pita points	Handmade trail mix	Chocolate mousse fresh whip	Veggie bean dip with chips	Rice pudding
March 12	Bagel bits	Fruit and kale smoothie	Egg and cheese bake	Cereal and milk	Veggie hash cheese bake
	Blueberry cream of wheat	French toast with fresh berries cream	Banana muffin	Raisin bread with apple butter	Stuffed croissants with turkey and cheese
	Chicken tenders with cauliflower mash	Fish and chips with sweet potato fries	Beef stew with corn cheese bread	Veggie mac n cheese	Chicken spinach pesto pasta salad
	Chip and queso	Chicken salad croissants	Fish sticks dip with tots	Fruit yogurt cup	Lemon bars
March 19	Chef choice cereal with milk	Fruit smoothie	Veggie egg scramble	Berry muffins	Granola bars
	Animal crackers with apple sauce	Biscuits with honey butter	Mango with sticky rice and coconut milk	Peach oatmeal	Bagels with fruit cream cheese
	Veggie stew with fresh bread	Chicken taco with mango salsa	Baked fish paninis with roasted veggies	Chicken parmesan with broccoli fettuccini alfredo	Corn dogs and tater tots
	Chocolate croissants	Veggie spring rolls with orange sesame sauce	Fruit salad	Pretzel with cheese dip	Cheese and protein plate
March 26	French toast	Breakfast quesadilla	Scrambled eggs and hash browns	Biscuit with honey butter	Cinnamon rolls
	Fruit pastries with fresh cream	Cinnamon raisin bread with apple butter	Mango sticky rice	Berries waffles topped with banana cream	Granola
	Lemon butter salmon with green bean salad	Beef taco with black bean and Spanish rice	Chick empanadas with broccoli and cauliflower casserole	Tomato soup with grilled cheese sandwich	Chicken satay with saffron rice and roasted veggie
	Veggie nachos	Chicken salad on croissants	Cheese bread	Spinach, mushroom potato cakes	Fruit salad, cheese sticks with animal crackers