

	Monday	Tuesday	Wednesday	Thursday	Friday
April 3	Toast with apple sauce	Granola and yogurt	Blueberry waffles topped with fruit cream	Mini cheese omelette	Pancakes with bacon
	Cheese and bacon grits	Breakfast bread	Chicken sausage biscuit	Turkey bacon breakfast taco with roasted potatoes	Avocado tomato toast
	Veggie and bean chili with corn bread	Spinach and kale chicken quesadilla with rice and black bean salad	Baked ginger salmon and pesto pasta salad	Orange veggie stir fry noddle bowl	Oven roast turkey stuffing with garlic mashed potatoes and gravy
	Kale cream cheese-filled cucumber Bites	Mini crabcakes with light aioli	Mini sandwiches with roasted veggies and herb cheese board	Brazilian cheese puffs	Roasted veggie bagel bits
April 10	Bagel topped with fruit and honey	Turkey egg and cheese breakfast roll	Berry blitz crepes	Chicken sausage pigs in a blanket	Ham, egg and cheese croissants
	Turkey migas torts and salsa	English muffin topped with strawberry jam	Mango cinnamon oatmeal	Honey butter biscuit with melon madness	Chocolate waffle with fresh berries cream
	Fish and chips with coleslaw	Chicken taco salad with lime cilantro dressing	Turkey coney dogs and sweet potato fries	Veggie lasagna	Curry chicken fried rice with mixed veggies
	Baked mac and cheese balls	Banana bread	Salad rolls with pumpkin seed sauce	BBQ chicken pinwheels	Spring vegetable crudité plate with dill yogurt sauce
April 17	Cereal and milk	Bacon and hash brown	Pancake	Cinnamon rolls	Mini omelette
	French toast with creme anglaise	Spinach kale cheese frittata	Banana muffins	Mango oatmeal	Toast with apple butter and cream cheese
	Chicken cheese wraps	Miso ramen bowls with chicken and veggies	Beef or veggie enchiladas with quinoa pinto beans	Chicken slider with roasted veggies	Cheese tortellini with butternut squash and garlic bread
	Spinach artichoke dip with pita	Cinnamon sugar baked peaches with yogurt	Turkey Swiss melts	Pizza rolls	Tuna salad and crackers
April 24	Mango berry banana smoothie	Mushroom and potato fritters	Apple tarts	Rice cakes with apple butter	Peach oatmeal
	Bagels with bacon and cream cheese	Zucchini breakfast bread	Berry granola yogurt bark	Cinnamon rolls	Blueberry pancakes
	Roasted veggie mac and cheese	Chicken taco with avocado cream, black bean and Spanish rice	Raspberry spinach and kale salad topped with roasted salmon	Burger slides with sweet potato fries	Fried chicken, potato salad and coleslaw
	Homemade spring rolls with sweet and source soy sauce	Chia and flex seed peach turnover muffin	Hummus and pita points	Raspberry crumble with yogurt fruit bowl	Homemade rice krispie