

*Vegetarian options are available for all meals, and all meals come with fresh seasonal fruit or berries*

	Monday	Tuesday	Wednesday	Thursday	Friday
May 29		Biscuit and honey butter	Strawberry blitz	Egg and bacon scramble with toast	Bagel and fruit jam
		Turkey bacon, egg, cheese on English muffin	Banana bread	Blueberry grits and chicken sausage	Swiss, mushroom and spinach quiche
	CLOSED for Memorial Day	Chicken taco plate with avocado cream, pico and pinto beans	Ginger miso glazed salmon over cold noodle salad	Beef stroganoff	Lemon chicken on Hawaiian sweet bread
		Cheese, veggie with yogurt dip	Cheese quesadilla with fresh salsa	Mini pizza bites	Island slush and poke cup
June 5	Oatmeal with fresh berries	Berries waffle	Fruit smoothie	Egg, cheese, bacon and toast	Fruit parfait
	Chicken sausage and veggie hash	Apple empanadas with turkey bacon	French toast with creme anglaise	Cream of wheat with berries	Mango sticky rice
	Pita and roasted veggies pizza with fruit salad	Pesto veggie pasta with corn crumbled fish	Sweet and sour orange chicken over rice	Bean and cheese burrito with cucumber salad	BBQ chicken with baked beans and scalloped potatoes
	Veggie dipping plate with bean dip	Chicken Caesar wrap	Protein plate with crackers and yogurt ranch	Pita with hummus	Homemade trailmix and fruit salad
June 12	Cereal with milk	Waffle with berries fresh cream	Mini omelet with spinach and cheese	Cinnamon rolls	French toast
	Blueberry muffin	Potato cakes	Zucchini bread	Migas and fresh salsa	Pear empanadas
	Spaghetti with homemade veggie sauce and garlic bread	Fish taco salad bowl with fruit salsa	Hawaiian chicken pineapple sandwich with macaroni salad	Beef satay with green bean salad and rice	Chicken and waffles
	Chicken empanadas	Oatmeal bars	Crudité plate with crackers and cheese	Pasta salad with bread sticks	Dogs with Dads
June 19	Rice cakes Yogurt and berry parfait	Banana and yogurt Avocado salsa on toast	Cream of wheat Bagels with fruit spread	Apple butter toast Mango oatmeal	Baby quiche and turkey bacon Turkey bacon, onion cheese frittata with hash browns
	Veggie burger with roasted red potatoes	Pork or veggie enchiladas	Chicken parmesan with fettuccini alfredo and Caesar salad	Curry chicken stew over basmati rice	Brisket, potato salad, coleslaw, and bun
	Hummus dip with cucumber chips	Tuna salad and veggie plate	Turkey BLTs Tots	Spinach artichoke dip with tortilla chips	Roast veggie and potato plate
June 26	Fruit parfait	Pineapple kale and banana smoothie	Waffles with mango syrup	Strawberry banana granola	Blueberry pastry
	Cranberry muffins	Loaded hashbrown casserole	Cream of wheat	Apple pie roll	English muffin with brie and jam
	Grilled cheese and homemade tomato soup	Chicken burrito bowl	Chicken tenders with cauliflower mash and tots	Korean beef bowl with veggies and rice	Turkey meatball sub with marinara and Caesar salad
	Protein and veggie plate with cheese dipping sauce	Chicken sausage pigs in a blanket	Salad rolls with roasted pumpkin seed sauce	Oatmeal no bake cookie	Apple cobbler