

	Monday	Tuesday	Wednesday	Thursday	Friday
November 27	Berries smoothie	Raisin bread	French toast	Cereal with milk	Bagel with cream cheese
	Chicken sausage with hash brown	Blueberry pancake	Turkey bacon quiche	Banana muffin	Apple butter and toast points
	Veggie and bean chili	Turkey meatball sliders with sweet potato fries	Roasted beef with mash potatoes and gravy	Baked salmon with roasted veggies	Corn flake crusted chicken with green beans
	Tortilla chips and salsa	Pastry fruit bar	Jello with graham crackers	Naan with cucumber dill yogurt dip	Cupcakes
December 4	Blueberry waffles	Migas	Avocado toast	Pumpkin muffin	Biscuit with jam
	Banana oatmeal	Zucchini muffin	Chicken minis	Bagels with fresh fruit cream	Cheese grits with bacon bits
	Grilled cheese with tomato soup	Orange chicken with steam rice, mixed veggies	Fish sticks with sweet potato fries	Chicken with jasmine rice and sauteed veggies	Macaroni and cheese
	Brazilian cheese muffins	Spinach artichoke dip with pita	Veggie empanadas	Cheese taquitos	Oatmeal raisin cookies
December 11	Cheerios with milk	Cinnamon roll	Breakfast tacos	Bacon and cheddar quiche	Berries parfait
	Egg and potato frittata	Bacon and cheese eggs cups	Sheet pan blueberry pancakes	Mini pancakes	French toast
	Chicken fried rice	Spaghetti with marinara	Shrimp broccoli with rice	Pita pizza	Hamburger with fries
	Berries muffin	Mozzarella sticks	Crudit� plate	Apple struddle	Brownie and milk
December 18	Scrambled egg	Hashbrown patties	Yogurt parfait	English muffin with jam	Blueberry banana smoothie
	Toast points with jam	Chicken sausage in a blanket	English muffin with jam	Bacon and eggs	Cinnamon toast
	Roasted veggie ravioli	Chicken tikka with basmati rice	Chicken lomein with stir fry veggie	Baked ziti with spinach	Hot dogs with sweet potato fries
	Gyoza with dipping sauce	Fruit and cheese plate	Blueberry tarts	Cheese bread sticks	Chocolate chip cookies