



September 2025 Menu

Vegetarian and vegan options are available for all meals • All meals come with fresh seasonal fruit or berries • Menu is subject to change depending upon vendor availability

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| | 1 National Grits for Breakfast Day | 2 Grandparent's Day | 3 Grandparent's Day | 4 |
| | Mixed Berry Smoothie | Vanilla Chia Pudding Cup Parfait | Maple Butter Biscuit, Chicken Sausage | Belgian Waffle, Citrus Strawberries |
| CLOSED for Labor Day | Sweet Grits, Dried Fruits | French Toast, maple syrup | Corn Flakes, sliced banana | Autumn Oatmeal Breakfast Cookie |
| | Veggie Fried Rice with Egg | Italian Buffet or Pizza Day | Italian Buffet or Pizza Day | Coconut Curry Chicken, Jasmine Rice |
| | Homemade Ranch Flavored Chex Mix | Mini Turkey Corndogs, Ketchup | Chicken Nugget, Chic-fil-a Sauce | Vegetable Potstickers, Sweet Soy |
| | 8 | 9 | 10 | 11 Snack on a Pickle Day |
| English Muffin, grape-chia jam | Mango-coconut sweet grits | Banana French Toast Casserole | Sun Butter & Banana Toast with Agave | Strawberry-Banana Smoothie |
| Mini Baked Butter Croissant | Rice Krispies with Dried BlueBerries | Tomato Goat Cheese Egg Bites | Vanilla Coconut Chia Pudding, mango | Pinto Bean, Potato & Cheese Burrito |
| BBQ Chicken, roasted sweet potato, corn muffin | Picadillo con Papas Turkey Tacos, Spanish Rice | Vegetable Lasagna with ricotta & parmesan | Pesto chicken with tomato mozzarella orzo | Sticky Garlic Chili Salmon, coconut rice & cabbage |
| No Bake Coconut Energy Balls | Brazilian Cheese bread, guava paste | Buttery Cornflake Cookie | Cranberry Orange Muffins | Creamy Pickle Dip, Crackers |
| | 15 National Cinnamon Raisin Bread Day | | 17 National Cheeseburger Day | 18 |
| Sun Butter & Jelly Sourdough Toast | Yogurt Parfait Cup, Granola | Avocado Toast, Everything Bagel Seasoning | Cheddar & Dill Egg Bites | Raisin Bran Cereal |
| Cheesey Egg Bites | Cinnamon Raisin Toast, Chic Sausage | Rice Chex Cereal, Fresh Blueberries & Strawberries | Mickey Buttermilk Waffle, Maple Syrup | Cheesey Zucchini Muffins |
| Sweet n' Sour Chicken, Coconut Jasmine Rice | Green Chile Chicken Stew with Hominy | Loaded Baked Potatoes, sour cream, cheese & turkey bacon, green beans | Cheeseburger Sliders, Tater Tots | Mexican Lasagna with Ground Turkey, Roasted Broccoli |
| Caramel Apple Nachos | SW Black Bean Dip, Corn Tortilla Chips | Naan Pizza with Turkey Pepperoni | Lemon Poppyseed Muffin | Pimento Cheese, Crackers |
| National White Chocolate Day | 22 | 23 National Cherry Day | 24 | 25 National Key Lime Pie Day |
| Fruity Yogurt Parfait, Animal Crackers | Cinnamon Raisin Toast, Chic Sausage | Belgian Waffle, Fresh Berries | Mixed Berry Smoothie | Egg & Cheese English Muffin Sandwich |
| Mini Bagels, strawberry cream cheese | Spinach & Mozzarella Cheese Egg Bites | Ricotta Cheese Blintz, Cherry Compote | Cinnamon Roll with cream cheese schmear | Maple Brown Sugar Oatmeal |
| Turkey Sloppy Joes, Roasted Marble Potatoes | Cuban Black Beans, Smoked Chicken Sausage & Jasmine Rice | Cheese Tortellini Pasta, Basil Marinara Sauce | BBQ Salmon, Creamy Corn Casserole | Huli Huli Chicken, Mac Salad & Tropical Fruit Relish |
| Raspberry White Chocolate Cookies | Tuna Salad, Whole Wheat Crackers | Cherries Jubilee, Vanilla Ice Cream | Spinach & artichoke dip, crackers | Mini Key Lime Pie Tartlets |
| | 29 | 30 National Pumpkin Seed Day | 1 | 2 |
| Cinnamon-Agave Applesauce, Chic Sausage | Vanilla Coconut Yogurt, Mango Compote & Toasted Coconut | Mixed Berry-Chia Seed Smoothie | Buttermilk Biscuit, Salted Butter & Strawberry Preserves | Blueberry Muffin, Turkey Bacon |
| Sun Butter Sourdough Toast | Toasted English Muffin, Seasonal Jam | Pumpkin Loaf with Pepitas | Corn Chex Cereal, Dried Blueberries | Cheesey Grits |
| Lemon Dill Chicken, Wild Rice Pilaf | Breaded Chicken Patty Slider, Roasted Sweet Potatoes | Turkey Meatloaf, Mashed Potato & Green Peas | Vegetable Pasta Alfredo, Basil Pesto | Jerk Chicken, Coconut Rice & Beans |
| Prickly Pear Lemonade, Goldfish Crackers | Cupcakes, cheddar cheese cubes | Pumpkin Spice Sugar Cookies | Breaded Mozzarella Sticks, Marinara Sauce | Lemon Blueberry Loaf |